



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Keiger, Jessica

Club: Veckenstedt
Number: 809

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 29:30

Speed: 6.10 km/h
Running performance: 7:34 min/km

Rank in course/Total: 40 (of 49)
Rank in course/Women: 16 (of 20)
Best time in course: 17:30

Rank in category: 2(of 3)
Best time in the category: 25:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	15:41	8:15	2	2:24	17	6:31	1.90	15:41	8:15	2	2:24	17	6:31
Ilseburg/Markt	2.00	13:49	6:54	2	1:09	16	5:29	3.90	29:30	7:33	2	3:33	16	12:00