



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Krüger, Kai-Uwe

Club: Trail-Runners Oberharz
Number: 813

Course: 3.90 km
3,9 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 29:35

Speed: 7.91 km/h
Running performance: 7:35 min/km

Rank in course/Total: 42 (of 49)

Rank in course/Men: 26 (of 29)

Best time in course: 14:32

Rank in category: 2(of 2)

Best time in the category: 29:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Prinzess Ilse Que	1.90	16:43	8:47	1	-	26	9:13	1.90	16:43	8:47	1	-	28	16:43
Ilseburg/Markt	2.00	12:52	6:26	2	0:04	22	5:50	3.90	29:35	7:35	2	0:03	26	15:03