



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Trick, Anja

Club: Veckenstedt
Number: 821

Course: 3.90 km
3,9 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 33:32

Speed: 5.37 km/h
Running performance: 8:36 min/km

Rank in course/Total: 47 (of 49)
Rank in course/Women: 20 (of 20)
Best time in course: 17:30

Rank in category: 2(of 2)
Best time in the category: 25:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	17:05	8:59	2	3:25	20	7:55	1.90	17:05	8:59	2	3:25	20	7:55
Ilseburg/Markt	2.00	16:27	8:13	2	4:15	20	8:07	3.90	33:32	8:35	2	7:40	20	16:02