



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Lippe, Florian

Club: Harz-Gebirgslauf Wernigerode
Number: 755

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 35:21

Speed: 15.28 km/h
Running performance: 3:41 min/km

Rank in course/Total: 3 (of 169)

Rank in course/Men: 3 (of 101)

Best time in course: 34:38

Rank in category: 1(of 8)

Best time in the category: 35:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	17:08	4:10	1	-	2	0:08	4.10	17:08	4:10	1	-	3	17:08
Loddenke	2.20	7:09	3:15	2	0:01	4	0:22	6.30	24:17	3:51	1	-	2	0:30
Ilseburg/Markt	3.30	11:04	3:21	1	-	3	0:25	9.60	35:21	3:40	1	-	3	0:43