



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Göbel, Matthias

Club: Harz-Gebirgslauf Wernigerode
Number: 746

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 36:19

Speed: 15.86 km/h
Running performance: 3:47 min/km

Rank in course/Total: 4 (of 169)

Rank in course/Men: 4 (of 101)

Best time in course: 34:38

Rank in category: 2(of 8)

Best time in the category: 35:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	17:46	4:19	2	0:38	4	0:46	4.10	17:46	4:19	2	0:38	5	17:46
Loddenke	2.20	7:08	3:14	1	-	3	0:21	6.30	24:54	3:57	2	0:37	4	1:07
Ilseburg/Markt	3.30	11:25	3:27	2	0:21	4	0:46	9.60	36:19	3:46	2	0:58	4	1:41