



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Pfahl, Andreas

Club: Arche Wernigerode
Number: 737

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 41:03

Speed: 14.03 km/h
Running performance: 4:17 min/km

Rank in course/Total: 9 (of 169)

Rank in course/Men: 8 (of 101)

Best time in course: 34:38

Rank in category: 1(of 8)

Best time in the category: 41:03

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 19:55 | 4:51 | 1 | - | 7 | 2:55 | 4.10 | 19:55 | 4:51 | 1 | - | 8 | 19:55 |
| Loddenke | 2.20 | 8:08 | 3:41 | 1 | - | 7 | 1:21 | 6.30 | 28:03 | 4:27 | 1 | - | 8 | 4:16 |
| Ilseburg/Markt | 3.30 | 13:00 | 3:56 | 1 | - | 9 | 2:21 | 9.60 | 41:03 | 4:16 | 1 | - | 8 | 6:25 |