



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Nolte, Lauritz

Club: Bläsercorps Neuhof
Number: 688

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 41:23

Speed: 13.05 km/h
Running performance: 4:19 min/km

Rank in course/Total: 10 (of 169)

Rank in course/Men: 9 (of 101)

Best time in course: 34:38

Rank in category: 4(of 15)

Best time in the category: 35:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	20:06	4:54	4	2:30	9	3:06	4.10	20:06	4:54	4	2:30	10	20:06
Loddenke	2.20	8:19	3:46	4	1:28	10	1:32	6.30	28:25	4:30	4	3:58	9	4:38
Ilseburg/Markt	3.30	12:58	3:55	4	2:19	8	2:19	9.60	41:23	4:18	4	6:17	9	6:45