



# 52. Brockenlauf

Ilseburg / 02.09.2023

## Detailed evaluation

**Cuerdo, Roberto**

Club: Braunschweig  
Number: 617

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 43:08

Speed: 12.52 km/h  
Running performance: 4:29 min/km

Rank in course/Total: 12 (of 169)

Rank in course/Men: 11 (of 101)

Best time in course: 34:38

Rank in category: 1(of 8)

Best time in the category: 43:08

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	21:30	5:14	1	-	11	4:30	4.10	21:30	5:14	1	-	12	21:30
Loddenke	2.20	8:18	3:46	1	-	9	1:31	6.30	29:48	4:43	1	-	12	6:01
Ilseburg/Markt	3.30	13:20	4:02	1	-	13	2:41	9.60	43:08	4:29	1	-	11	8:30