



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Lehmann, Kerstin

Club: Harz-Gebirgslauf Wernigerode
Number: 753

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 44:41

Speed: 12.09 km/h
Running performance: 4:39 min/km

Rank in course/Total: 16 (of 169)

Rank in course/Women: 3 (of 68)

Best time in course: 40:17

Rank in category: 1(of 12)

Best time in the category: 44:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	22:02	5:22	1	-	3	1:24	4.10	22:02	5:22	1	-	3	1:24
Loddenke	2.20	8:53	4:02	1	-	3	1:02	6.30	30:55	4:54	1	-	3	2:26
Ilseburg/Markt	3.30	13:46	4:10	1	-	3	1:58	9.60	44:41	4:39	1	-	3	4:24