



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Himburg, Andy

Club: Die Dichten Dachse
Number: 777

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 44:44

Speed: 12.88 km/h
Running performance: 4:40 min/km

Rank in course/Total: 17 (of 169)

Rank in course/Men: 14 (of 101)

Best time in course: 34:38

Rank in category: 1(of 8)

Best time in the category: 44:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men				Cat.	Cat.		
Ilsestein	4.10	22:10	5:24	1	-	14	5:10	4.10	22:10	5:24	1	-	15	22:10
Loddenke	2.20	8:38	3:55	1	-	13	1:51	6.30	30:48	4:53	1	-	14	7:01
Ilseburg/Markt	3.30	13:56	4:13	3	0:51	22	3:17	9.60	44:44	4:39	1	-	14	10:06