



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Schlick, Daniel

Club: Stapelburg
Number: 1181

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 46:39

Speed: 12.35 km/h
Running performance: 4:52 min/km

Rank in course/Total: 28 (of 169)

Rank in course/Men: 24 (of 101)

Best time in course: 34:38

Rank in category: 4(of 8)

Best time in the category: 35:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:02	5:37	4	5:54	20	6:02	4.10	23:02	5:37	4	5:54	21	23:02
Loddenke	2.20	9:16	4:12	4	2:08	26	2:29	6.30	32:18	5:07	4	8:01	24	8:31
Ilseburg/Markt	3.30	14:21	4:20	4	3:17	29	3:42	9.60	46:39	4:51	4	11:18	24	12:01