



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Zschach, Jens

Club: LéonWood Blockhaus Ilseburg
Number: 769

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 47:02

Speed: 11.48 km/h
Running performance: 4:54 min/km

Rank in course/Total: 30 (of 169)

Rank in course/Men: 25 (of 101)

Best time in course: 34:38

Rank in category: 2(of 13)

Best time in the category: 46:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	23:19	5:41	2	0:13	26	6:19	4.10	23:19	5:41	2	0:13	27	23:19
Loddenke	2.20	8:57	4:04	1	-	17	2:10	6.30	32:16	5:07	1	-	23	8:29
Ilseburg/Markt	3.30	14:46	4:28	3	0:43	38	4:07	9.60	47:02	4:53	2	0:32	25	12:24