



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Kuchinke, Jona-Jean

Club: Harz-Gebirgslauf Wernigerode
Number: 751

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 48:12

Speed: 11.20 km/h
Running performance: 5:01 min/km

Rank in course/Total: 37 (of 169)

Rank in course/Men: 30 (of 101)

Best time in course: 34:38

Rank in category: 7(of 15)

Best time in the category: 35:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:47	6:02	8	7:11	37	7:47	4.10	24:47	6:02	8	7:11	38	24:47
Loddenke	2.20	9:24	4:16	7	2:33	33	2:37	6.30	34:11	5:25	7	9:44	35	10:24
Ilseburg/Markt	3.30	14:01	4:14	6	3:22	24	3:22	9.60	48:12	5:01	7	13:06	30	13:34