



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Körner, Christian

Club: Mustangs
Number: 785

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 49:08

Speed: 10.99 km/h
Running performance: 5:07 min/km

Rank in course/Total: 42 (of 169)

Rank in course/Men: 35 (of 101)

Best time in course: 34:38

Rank in category: 6(of 11)

Best time in the category: 42:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:54	6:04	6	4:19	38	7:54	4.10	24:54	6:04	6	4:19	39	24:54
Loddenke	2.20	10:03	4:34	9	1:48	44	3:16	6.30	34:57	5:32	8	6:07	41	11:10
Ilseburg/Markt	3.30	14:11	4:17	4	0:43	27	3:32	9.60	49:08	5:07	6	6:50	35	14:30