



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Uhle, David

Club: Skiclub Ilseburg
Number: 713

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 49:15

Speed: 10.96 km/h
Running performance: 5:08 min/km

Rank in course/Total: 43 (of 169)

Rank in course/Men: 36 (of 101)

Best time in course: 34:38

Rank in category: 7(of 11)

Best time in the category: 42:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	25:11	6:08	8	4:36	41	8:11	4.10	25:11	6:08	8	4:36	42	25:11
Loddenke	2.20	9:38	4:22	6	1:23	37	2:51	6.30	34:49	5:31	7	5:59	39	11:02
Ilseburg/Markt	3.30	14:26	4:22	5	0:58	30	3:47	9.60	49:15	5:07	7	6:57	36	14:37