



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Müller, Rainer

Club: TuS 13 Hembsen
Number: 682

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 49:16

Speed: 10.96 km/h
Running performance: 5:08 min/km

Rank in course/Total: 44 (of 169)

Rank in course/Men: 37 (of 101)

Best time in course: 34:38

Rank in category: 3(of 8)

Best time in the category: 41:03

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|----------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Ilsestein | 4.10 | 25:09 | 6:08 | 3 | 5:14 | 40 | 8:09 | 4.10 | 25:09 | 6:08 | 3 | 5:14 | 41 | 25:09 |
| Loddenke | 2.20 | 9:40 | 4:23 | 3 | 1:32 | 38 | 2:53 | 6.30 | 34:49 | 5:31 | 3 | 6:46 | 39 | 11:02 |
| Ilseburg/Markt | 3.30 | 14:27 | 4:22 | 3 | 1:27 | 31 | 3:48 | 9.60 | 49:16 | 5:07 | 3 | 8:13 | 37 | 14:38 |