



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Dolch, Aaron

Club: Husum

Number: 621

Course: 9.60 km

9,6 km - Lauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 49:21

Speed: 11.67 km/h

Running performance: 5:08 min/km

Rank in course/Total: 45 (of 169)

Rank in course/Men: 38 (of 101)

Best time in course: 34:38

Rank in category: 1(of 2)

Best time in the category: 49:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	22:56	5:35	1	-	19	5:56	4.10	22:56	5:35	1	-	20	22:56
Loddenke	2.20	9:58	4:31	2	0:48	41	3:11	6.30	32:54	5:13	1	-	29	9:07
Ilseburg/Markt	3.30	16:27	4:59	1	-	60	5:48	9.60	49:21	5:08	1	-	38	14:43