



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Wehmeier, Nicole

Club: Brockenlaufverein
Number: 724

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 50:01

Speed: 11.52 km/h
Running performance: 5:13 min/km

Rank in course/Total: 50 (of 169)

Rank in course/Women: 11 (of 68)

Best time in course: 40:17

Rank in category: 2(of 12)

Best time in the category: 45:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	25:15	6:09	2	2:32	10	4:37	4.10	25:15	6:09	2	2:32	10	4:37
Loddenke	2.20	9:41	4:24	2	0:33	10	1:50	6.30	34:56	5:32	2	3:05	8	6:27
Ilseburg/Markt	3.30	15:05	4:34	2	0:57	12	3:17	9.60	50:01	5:12	2	4:02	11	9:44