



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Deumeland, Danny

Club: Team Blau
Number: 620

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 50:02

Speed: 10.79 km/h
Running performance: 5:13 min/km

Rank in course/Total: 51 (of 169)

Rank in course/Men: 40 (of 101)

Best time in course: 34:38

Rank in category: 4(of 8)

Best time in the category: 43:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	25:31	6:13	4	4:01	42	8:31	4.10	25:31	6:13	4	4:01	43	25:31
Loddenke	2.20	9:43	4:24	4	1:25	39	2:56	6.30	35:14	5:35	4	5:26	44	11:27
Ilseburg/Markt	3.30	14:48	4:29	3	1:28	39	4:09	9.60	50:02	5:12	4	6:54	40	15:24