



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Eleks, Marian

Club: Osnabrück
Number: 627

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 50:13

Speed: 10.75 km/h
Running performance: 5:14 min/km

Rank in course/Total: 52 (of 169)

Rank in course/Men: 41 (of 101)

Best time in course: 34:38

Rank in category: 8(of 15)

Best time in the category: 35:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:33	5:59	7	6:57	34	7:33	4.10	24:33	5:59	7	6:57	35	24:33
Loddenke	2.20	10:10	4:37	8	3:19	46	3:23	6.30	34:43	5:30	8	10:16	38	10:56
Ilseburg/Markt	3.30	15:30	4:41	8	4:51	47	4:51	9.60	50:13	5:13	8	15:07	41	15:35