



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Stephan, Ida Lotte

Club: TSG QUEDLINBURG  
Number: 705

Course: 9.60 km  
9,6 km - Lauf

Category:  
weibliche Jugend U14 (12-13 Jahre)

Total time: 53:14

Speed: 10.82 km/h  
Running performance: 5:33 min/km

Rank in course/Total: 75 (of 169)

Rank in course/Women: 22 (of 68)

Best time in course: 40:17

Rank in category: 1(of 1)

Best time in the category: 53:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	27:10	6:37	1	-	24	6:32	4.10	27:10	6:37	1	-	24	6:32
Loddenke	2.20	10:52	4:56	1	-	25	3:01	6.30	38:02	6:02	1	-	24	9:33
Ilseburg/Markt	3.30	15:12	4:36	1	-	15	3:24	9.60	53:14	5:32	1	-	22	12:57