



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Müller, Freddy

Club: hzmakler & friends
Number: 680

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 53:20

Speed: 10.13 km/h
Running performance: 5:34 min/km

Rank in course/Total: 76 (of 169)

Rank in course/Men: 54 (of 101)

Best time in course: 34:38

Rank in category: 6(of 13)

Best time in the category: 46:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:07	6:36	6	4:01	59	10:07	4.10	27:07	6:36	6	4:01	60	27:07
Loddenke	2.20	10:12	4:38	4	1:15	47	3:25	6.30	37:19	5:55	6	5:03	54	13:32
Ilseburg/Markt	3.30	16:01	4:51	4	1:58	52	5:22	9.60	53:20	5:33	6	6:50	54	18:42