



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Kuhnke, Lothar

Club: Bunter Vogel
Number: 664

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 53:25

Speed: 10.11 km/h
Running performance: 5:34 min/km

Rank in course/Total: 77 (of 169)

Rank in course/Men: 55 (of 101)

Best time in course: 34:38

Rank in category: 1(of 6)

Best time in the category: 53:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	25:34	6:14	1	-	43	8:34	4.10	25:34	6:14	2	25:34	44	25:34
Loddenke	2.20	11:47	5:21	1	-	74	5:00	6.30	37:21	5:55	2	8:08	55	13:34
Ilseburg/Markt	3.30	16:04	4:52	1	-	53	5:25	9.60	53:25	5:33	1	-	55	18:47