



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Hoffmann, Kai

Club: FC St.Pauli Hamburg
Number: 641

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 53:35

Speed: 10.75 km/h
Running performance: 5:35 min/km

Rank in course/Total: 79 (of 169)

Rank in course/Men: 57 (of 101)

Best time in course: 34:38

Rank in category: 3(of 8)

Best time in the category: 44:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	26:38	6:29	3	4:18	54	9:38	4.10	26:38	6:29	3	4:18	55	26:38
Loddenke	2.20	11:13	5:05	4	2:27	67	4:26	6.30	37:51	6:00	4	6:45	60	14:04
Ilseburg/Markt	3.30	15:44	4:46	3	2:04	48	5:05	9.60	53:35	5:34	3	8:49	57	18:57