



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Jungermann, Katrin

Club: Darlingerode
Number: 647

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 53:41

Speed: 10.06 km/h
Running performance: 5:35 min/km

Rank in course/Total: 80 (of 169)

Rank in course/Women: 23 (of 68)

Best time in course: 40:17

Rank in category: 3(of 10)

Best time in the category: 47:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	26:52	6:33	3	3:31	22	6:14	4.10	26:52	6:33	3	3:31	22	6:14
Loddenke	2.20	10:15	4:39	3	1:12	19	2:24	6.30	37:07	5:53	3	4:43	22	8:38
Ilseburg/Markt	3.30	16:34	5:01	4	1:57	34	4:46	9.60	53:41	5:35	3	6:40	23	13:24