



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Luber, Dennis

Club: Ilseburg
Number: 775

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 54:03

Speed: 10.66 km/h
Running performance: 5:38 min/km

Rank in course/Total: 84 (of 169)

Rank in course/Men: 60 (of 101)

Best time in course: 34:38

Rank in category: 6(of 8)

Best time in the category: 44:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:05	6:36	6	4:55	58	10:05	4.10	27:05	6:36	6	4:55	59	27:05
Loddenke	2.20	10:31	4:46	6	1:53	54	3:44	6.30	37:36	5:58	6	6:48	56	13:49
Ilseburg/Markt	3.30	16:27	4:59	6	3:22	60	5:48	9.60	54:03	5:37	6	9:19	60	19:25