



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Blanke, Katja

Club: Augathonis Hannover
Number: 609

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 54:52

Speed: 10.50 km/h
Running performance: 5:43 min/km

Rank in course/Total: 88 (of 169)

Rank in course/Women: 26 (of 68)

Best time in course: 40:17

Rank in category: 6(of 12)

Best time in the category: 44:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	27:25	6:41	6	5:23	27	6:47	4.10	27:25	6:41	6	5:23	27	6:47
Loddenke	2.20	11:30	5:13	6	2:37	34	3:39	6.30	38:55	6:10	6	8:00	26	10:26
Ilseburg/Markt	3.30	15:57	4:49	5	2:11	21	4:09	9.60	54:52	5:42	6	10:11	26	14:35