



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Caspar, Lukas

Club: Ilseburg
Number: 616

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 55:49

Speed: 9.67 km/h
Running performance: 5:49 min/km

Rank in course/Total: 94 (of 169)

Rank in course/Men: 67 (of 101)

Best time in course: 34:38

Rank in category: 10(of 15)

Best time in the category: 35:06

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|----------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Ilsestein | 4.10 | 26:44 | 6:31 | 9 | 9:08 | 55 | 9:44 | 4.10 | 26:44 | 6:31 | 9 | 9:08 | 56 | 26:44 |
| Loddenke | 2.20 | 12:19 | 5:35 | 10 | 5:28 | 80 | 5:32 | 6.30 | 39:03 | 6:11 | 9 | 14:36 | 66 | 15:16 |
| Ilseburg/Markt | 3.30 | 16:46 | 5:04 | 10 | 6:07 | 68 | 6:07 | 9.60 | 55:49 | 5:48 | 10 | 20:43 | 67 | 21:11 |