



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Brandis, Daniel

Club: Erdinger Active Team
Number: 783

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 55:50

Speed: 9.67 km/h
Running performance: 5:49 min/km

Rank in course/Total: 95 (of 169)

Rank in course/Men: 68 (of 101)

Best time in course: 34:38

Rank in category: 7(of 13)

Best time in the category: 46:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	29:49	7:16	7	6:43	76	12:49	4.10	29:49	7:16	7	6:43	77	29:49
Loddenke	2.20	11:29	5:13	8	2:32	69	4:42	6.30	41:18	6:33	8	9:02	78	17:31
Ilseburg/Markt	3.30	14:32	4:24	2	0:29	33	3:53	9.60	55:50	5:48	7	9:20	68	21:12