



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Pomplun, Sophia

Club: Harz-Gebirgslauf Wernigerode  
Number: 956

Course: 1.80 km  
1,8 km - Lauf

Category:  
weibliche Kinder U10 (8-9 Jahre)

Total time: 7:44

Speed: 7.76 km/h  
Running performance: 4:18 min/km

Rank in course/Total: 12 (of 115)

Rank in course/Women: 3 (of 52)

Best time in course: 7:08

Rank in category: 1(of 25)

Best time in the category: 7:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Blochhauer	0.90	3:47	4:12	1	-	3	0:10	0.90	3:47	4:12	1	-	53	0:10
Ilseburg/Markt	0.90	3:57	4:23	1	-	3	0:26	1.80	7:44	4:17	1	-	3	0:36