



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Volkman, Dennis

Club: Berlin
Number: 717

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 56:23

Speed: 9.58 km/h
Running performance: 5:52 min/km

Rank in course/Total: 99 (of 169)

Rank in course/Men: 70 (of 101)

Best time in course: 34:38

Rank in category: 8(of 8)

Best time in the category: 43:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
						Pos Men	Behind Men	km	Time					min/km
Ilsestein	4.10	28:52	7:02	8	7:22	73	11:52	4.10	28:52	7:02	8	7:22	74	28:52
Loddenke	2.20	11:38	5:17	8	3:20	72	4:51	6.30	40:30	6:25	8	10:42	73	16:43
Ilseburg/Markt	3.30	15:53	4:48	7	2:33	50	5:14	9.60	56:23	5:52	8	13:15	70	21:45