



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Richter, Marcel

Club: Hedeper
Number: 694

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 57:04

Speed: 10.09 km/h
Running performance: 5:56 min/km

Rank in course/Total: 103 (of 169)

Rank in course/Men: 72 (of 101)

Best time in course: 34:38

Rank in category: 7(of 8)

Best time in the category: 35:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:33	6:57	7	11:25	68	11:33	4.10	28:33	6:57	7	11:25	69	28:33
Loddenke	2.20	11:40	5:18	8	4:32	73	4:53	6.30	40:13	6:23	7	15:56	70	16:26
Ilseburg/Markt	3.30	16:51	5:06	8	5:47	71	6:12	9.60	57:04	5:56	7	21:43	72	22:26