



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Bohlmann, Sabine

Club: LAV 07 Bad Harzburg
Number: 610

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 57:16

Speed: 10.06 km/h
Running performance: 5:58 min/km

Rank in course/Total: 107 (of 169)

Rank in course/Women: 34 (of 68)

Best time in course: 40:17

Rank in category: 7(of 12)

Best time in the category: 45:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	29:40	7:14	7	6:57	37	9:02	4.10	29:40	7:14	7	6:57	37	9:02
Loddenke	2.20	10:57	4:58	7	1:49	27	3:06	6.30	40:37	6:26	7	8:46	32	12:08
Ilseburg/Markt	3.30	16:39	5:02	7	2:31	35	4:51	9.60	57:16	5:57	7	11:17	34	16:59