



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Brennecke, Anne

Club: Liebenburg
Number: 788

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 57:54

Speed: 9.33 km/h
Running performance: 6:02 min/km

Rank in course/Total: 110 (of 169)

Rank in course/Women: 35 (of 68)

Best time in course: 40:17

Rank in category: 4(of 5)

Best time in the category: 43:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Women	Behind Women	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Ilsestein	4.10	29:07	7:06	4	7:27	34	8:29	4.10	29:07	7:06	4	7:27	34	8:29	
Loddenke	2.20	12:26	5:39	5	4:05	49	4:35	6.30	41:33	6:35	4	11:32	39	13:04	
Ilseburg/Markt	3.30	16:21	4:57	4	3:05	30	4:33	9.60	57:54	6:01	4	14:37	35	17:37	