



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Knippschild, Antje

Club: Brockenlaufverein
Number: 654

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 58:33

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 114 (of 169)

Rank in course/Women: 37 (of 68)

Best time in course: 40:17

Rank in category: 8(of 12)

Best time in the category: 44:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women
								km	Time	min/km	Pos	Behind	Pos				
Ilsestein	4.10	28:43	7:00	7	6:41	30	8:05	4.10	28:43	7:00	7	6:41	30	8:05			
Loddenke	2.20	11:50	5:22	9	2:57	39	3:59	6.30	40:33	6:26	7	9:38	31	12:04			
Ilseburg/Markt	3.30	18:00	5:27	9	4:14	46	6:12	9.60	58:33	6:05	8	13:52	37	18:16			