



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Schaper, Inga

Club: Dänischenhagen
Number: 698

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 59:07

Speed: 9.74 km/h
Running performance: 6:10 min/km

Rank in course/Total: 117 (of 169)

Rank in course/Women: 40 (of 68)

Best time in course: 40:17

Rank in category: 9(of 12)

Best time in the category: 44:41

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|----------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Ilsestein | 4.10 | 30:07 | 7:20 | 9 | 8:05 | 41 | 9:29 | 4.10 | 30:07 | 7:20 | 9 | 8:05 | 41 | 9:29 |
| Loddenke | 2.20 | 11:36 | 5:16 | 7 | 2:43 | 35 | 3:45 | 6.30 | 41:43 | 6:37 | 9 | 10:48 | 40 | 13:14 |
| Ilseburg/Markt | 3.30 | 17:24 | 5:16 | 8 | 3:38 | 39 | 5:36 | 9.60 | 59:07 | 6:09 | 9 | 14:26 | 40 | 18:50 |