



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Schaper, Inga

Club: Dänischenhagen  
Number: 698

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 59:07

Speed: 9.13 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 117 (of 169)

Rank in course/Women: 40 (of 68)

Best time in course: 40:17

Rank in category: 9(of 12)

Best time in the category: 44:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:07	7:20	9	8:05	41	9:29	4.10	30:07	7:20	9	8:05	41	9:29
Loddenke	2.20	11:36	5:16	7	2:43	35	3:45	6.30	41:43	6:37	9	10:48	40	13:14
Ilseburg/Markt	3.30	17:24	5:16	8	3:38	39	5:36	9.60	59:07	6:09	9	14:26	40	18:50