



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Völz, Carsten

Club: LC Solbad Ravensberg  
Number: 719

Course: 9.60 km  
9,6 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 59:22

Speed: 9.10 km/h  
Running performance: 6:11 min/km

Rank in course/Total: 120 (of 169)

Rank in course/Men: 79 (of 101)

Best time in course: 34:38

Rank in category: 6(of 8)

Best time in the category: 44:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:21	7:24	6	8:01	80	13:21	4.10	30:21	7:24	6	8:01	81	30:21
Loddenke	2.20	11:36	5:16	5	2:50	70	4:49	6.30	41:57	6:39	6	10:51	81	18:10
Ilseburg/Markt	3.30	17:25	5:16	6	3:45	77	6:46	9.60	59:22	6:11	6	14:36	79	24:44