



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Lübke, Erik

Club: Geländeläufer
Number: 672

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 59:29

Speed: 9.08 km/h
Running performance: 6:12 min/km

Rank in course/Total: 121 (of 169)

Rank in course/Men: 80 (of 101)

Best time in course: 34:38

Rank in category: 3(of 6)

Best time in the category: 53:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:44	7:00	3	3:10	70	11:44	4.10	28:44	7:00	4	28:44	71	28:44
Loddenke	2.20	12:50	5:49	4	1:03	87	6:03	6.30	41:34	6:35	4	12:21	79	17:47
Ilseburg/Markt	3.30	17:55	5:25	4	1:51	83	7:16	9.60	59:29	6:11	3	6:04	80	24:51