



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Potthoff, Doris

Club: LC Solbad Ravensberg
Number: 756

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 1:00:02

Speed: 9.00 km/h
Running performance: 6:15 min/km

Rank in course/Total: 124 (of 169)

Rank in course/Women: 44 (of 68)

Best time in course: 40:17

Rank in category: 4(of 7)

Best time in the category: 56:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Women	Behind Women	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Ilsestein	4.10	29:58	7:18	3	1:15	39	9:20	4.10	29:58	7:18	3	1:15	39	9:20	
Loddenke	2.20	12:20	5:36	4	1:27	47	4:29	6.30	42:18	6:42	4	1:27	42	13:49	
Ilseburg/Markt	3.30	17:44	5:22	3	1:43	42	5:56	9.60	1:00:02	6:15	4	3:07	44	19:45	