



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Einecke, Gesine

Club: LG Konradsburg 90 e.V.
Number: 626

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:00:49

Speed: 8.88 km/h
Running performance: 6:20 min/km

Rank in course/Total: 126 (of 169)

Rank in course/Women: 45 (of 68)

Best time in course: 40:17

Rank in category: 6(of 10)

Best time in the category: 47:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:26	7:40	7	8:05	48	10:48	4.10	31:26	7:40	7	8:05	48	10:48
Loddenke	2.20	11:58	5:26	6	2:55	44	4:07	6.30	43:24	6:53	7	11:00	48	14:55
Ilseburg/Markt	3.30	17:25	5:16	6	2:48	40	5:37	9.60	1:00:49	6:20	6	13:48	45	20:32