



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Kresin, Mandy

Club: SG Eintracht Ebendorf
Number: 750

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:02:43

Speed: 9.18 km/h
Running performance: 6:32 min/km

Rank in course/Total: 135 (of 169)

Rank in course/Women: 50 (of 68)

Best time in course: 40:17

Rank in category: 8(of 12)

Best time in the category: 45:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	30:36	7:27	8	7:53	44	9:58	4.10	30:36	7:27	8	7:53	44	9:58
Loddenke	2.20	12:46	5:48	8	3:38	51	4:55	6.30	43:22	6:53	8	11:31	47	14:53
Ilseburg/Markt	3.30	19:21	5:51	10	5:13	60	7:33	9.60	1:02:43	6:31	8	16:44	50	22:26