



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Walte, Helga

Club: Abbenrode
Number: 721

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 1:02:55

Speed: 8.58 km/h
Running performance: 6:33 min/km

Rank in course/Total: 136 (of 169)

Rank in course/Women: 51 (of 68)

Best time in course: 40:17

Rank in category: 1(of 1)

Best time in the category: 1:02:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	31:56	7:47	1	-	52	11:18	4.10	31:56	7:47	1	-	52	11:18
Loddenke	2.20	11:54	5:24	1	-	41	4:03	6.30	43:50	6:57	1	-	50	15:21
Ilseburg/Markt	3.30	19:05	5:46	1	-	58	7:17	9.60	1:02:55	6:33	1	-	51	22:38