



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Baumbach, Torsten

Club: Craula
Number: 782

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:03:05

Speed: 8.56 km/h
Running performance: 6:34 min/km

Rank in course/Total: 138 (of 169)

Rank in course/Men: 87 (of 101)

Best time in course: 34:38

Rank in category: 11(of 13)

Best time in the category: 46:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	31:11	7:36	10	8:05	85	14:11	4.10	31:11	7:36	10	8:05	86	31:11
Loddenke	2.20	12:56	5:52	11	3:59	88	6:09	6.30	44:07	7:00	10	11:51	86	20:20
Ilseburg/Markt	3.30	18:58	5:44	11	4:55	87	8:19	9.60	1:03:05	6:34	11	16:35	87	28:27