



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Brummermann, Anja

Club: Augathonis Hannover
Number: 612

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:03:20

Speed: 8.53 km/h
Running performance: 6:36 min/km

Rank in course/Total: 141 (of 169)

Rank in course/Women: 54 (of 68)

Best time in course: 40:17

Rank in category: 9(of 12)

Best time in the category: 45:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	32:28	7:55	10	9:45	54	11:50	4.10	32:28	7:55	10	9:45	54	11:50
Loddenke	2.20	13:05	5:56	9	3:57	52	5:14	6.30	45:33	7:13	10	13:42	56	17:04
Ilseburg/Markt	3.30	17:47	5:23	8	3:39	44	5:59	9.60	1:03:20	6:35	9	17:21	54	23:03