



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Zeyn, Alicia

Club: Isernhagen
Number: 731

Course: 9.60 km
9,6 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 1:04:21

Speed: 8.95 km/h
Running performance: 6:42 min/km

Rank in course/Total: 143 (of 169)

Rank in course/Women: 56 (of 68)

Best time in course: 40:17

Rank in category: 12(of 13)

Best time in the category: 48:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	32:54	8:01	11	8:06	55	12:16	4.10	32:54	8:01	11	8:06	55	12:16
Loddenke	2.20	13:08	5:58	11	3:44	53	5:17	6.30	46:02	7:18	12	11:50	57	17:33
Ilseburg/Markt	3.30	18:19	5:33	12	4:20	51	6:31	9.60	1:04:21	6:42	12	16:10	56	24:04