



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Kläser, Kerstin

Club: LTH-Essen
Number: 653

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 1:07:26

Speed: 8.01 km/h
Running performance: 7:01 min/km

Rank in course/Total: 149 (of 169)

Rank in course/Women: 59 (of 68)

Best time in course: 40:17

Rank in category: 2(of 3)

Best time in the category: 59:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	33:52	8:15	2	3:09	60	13:14	4.10	33:52	8:15	2	3:09	60	13:14
Loddenke	2.20	14:06	6:24	3	2:13	62	6:15	6.30	47:58	7:36	2	5:22	59	19:29
Ilseburg/Markt	3.30	19:28	5:53	3	2:31	62	7:40	9.60	1:07:26	7:01	2	7:53	59	27:09