



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

Kruppen-Müller, Sabine

Club: Trail-Runners Oberharz  
Number: 662

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:07:35

Speed: 7.99 km/h  
Running performance: 7:02 min/km

Rank in course/Total: 151 (of 169)

Rank in course/Women: 61 (of 68)

Best time in course: 40:17

Rank in category: 9(of 10)

Best time in the category: 47:01

Intermediate times

Stage score

Total ranking

| Control        | Split km | Split Time | Split min/km | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|----------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|                |          |            |              | Pos Cat.    | Behind Cat. | Pos Women | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Ilsestein      | 4.10     | 34:58      | 8:31         | 10          | 11:37       | 62        | 14:20        | 4.10          | 34:58      | 8:31         | 10       | 11:37       | 62        | 14:20        |
| Loddenke       | 2.20     | 13:37      | 6:11         | 8           | 4:34        | 57        | 5:46         | 6.30          | 48:35      | 7:42         | 9        | 16:11       | 61        | 20:06        |
| Ilseburg/Markt | 3.30     | 19:00      | 5:45         | 8           | 4:23        | 57        | 7:12         | 9.60          | 1:07:35    | 7:02         | 9        | 20:34       | 61        | 27:18        |