



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Kruppen-Müller, Sabine

Club: Trail-Runners Oberharz
Number: 662

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:07:35

Speed: 7.99 km/h
Running performance: 7:02 min/km

Rank in course/Total: 151 (of 169)

Rank in course/Women: 61 (of 68)

Best time in course: 40:17

Rank in category: 9(of 10)

Best time in the category: 47:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	34:58	8:31	10	11:37	62	14:20	4.10	34:58	8:31	10	11:37	62	14:20
Loddenke	2.20	13:37	6:11	8	4:34	57	5:46	6.30	48:35	7:42	9	16:11	61	20:06
Ilseburg/Markt	3.30	19:00	5:45	8	4:23	57	7:12	9.60	1:07:35	7:02	9	20:34	61	27:18