



52. Brockenlauf  
Ilseburg / 02.09.2023

Detailed evaluation

**Strauß, Katy**

Club: BRC Ilseburg  
Number: 789

Course: 9.60 km  
9,6 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:08:10

Speed: 7.92 km/h  
Running performance: 7:06 min/km

Rank in course/Total: 154 (of 169)

Rank in course/Women: 63 (of 68)

Best time in course: 40:17

Rank in category: 11(of 12)

Best time in the category: 45:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	33:58	8:17	11	11:15	61	13:20	4.10	33:58	8:17	11	11:15	61	13:20
Loddenke	2.20	13:58	6:20	11	4:50	61	6:07	6.30	47:56	7:36	11	16:05	58	19:27
Ilseburg/Markt	3.30	20:14	6:07	11	6:06	65	8:26	9.60	1:08:10	7:06	11	22:11	63	27:53