



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Berger, Bernd

Club: Edemissen
Number: 606

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:10:01

Speed: 7.71 km/h
Running performance: 7:17 min/km

Rank in course/Total: 157 (of 169)

Rank in course/Men: 92 (of 101)

Best time in course: 34:38

Rank in category: 12(of 13)

Best time in the category: 46:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	33:38	8:12	12	10:32	90	16:38	4.10	33:38	8:12	12	10:32	91	33:38
Loddenke	2.20	14:38	6:39	12	5:41	95	7:51	6.30	48:16	7:39	12	16:00	93	24:29
Ilseburg/Markt	3.30	21:45	6:35	12	7:42	94	11:06	9.60	1:10:01	7:17	12	23:31	92	35:23