



52. Brockenlauf

Ilseburg / 02.09.2023

Detailed evaluation

Nautrup, Jens Peder

Club: Faaborg Ski og Motion
Number: 685

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:12:54

Speed: 7.90 km/h
Running performance: 7:35 min/km

Rank in course/Total: 161 (of 169)

Rank in course/Men: 95 (of 101)

Best time in course: 34:38

Rank in category: 5(of 6)

Best time in the category: 53:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	37:18	9:05	5	11:44	97	20:18	4.10	37:18	9:05	6	37:18	98	37:18
Loddenke	2.20	13:11	5:59	5	1:24	91	6:24	6.30	50:29	8:00	6	21:16	95	26:42
Ilseburg/Markt	3.30	22:25	6:47	5	6:21	95	11:46	9.60	1:12:54	7:35	5	19:29	95	38:16